

PracowniaJA Milena i Łukasz Pawłowscy

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Effective date: 01.10.2026

STANDARDS FOR THE PROTECTION OF MINORS

for PracowniaJA – “Sound-based activities”

“Sound-based activities” include: Kąpiel w Dźwiękach (group) / Sound Bath (group); Vibrational Massage with Singing Bowls (individual); Relaxation inspired by Tibetan tradition (individual).

1. Purpose and scope

These Standards set out rules for protecting minors participating in activities and responding to situations that may threaten their safety. They are adapted to the recreational/developmental nature of the activity and apply to facilitators and other persons admitted to contact with minors.

2. Responsible persons

Milena Pawłowska and Łukasz Pawłowski are responsible for implementation, application, review and receiving reports. Contact: biuro@pracowniaja.pl.

3. Safe relationships

Minors are treated with respect and without discrimination. Violence, threats, ridicule, humiliation and degrading punishment are prohibited. Adults must not force behavior, silence or contact. Sound Bath does not require physical contact; if contact is part of an activity, it must be justified, appropriate and respect the child's boundaries. Sexual, romantic or erotic contact is prohibited. A child must not be asked to keep an adult relationship secret. Contact outside activities must have an organizational justification and use agreed channels; private social-media relationships with minor participants are not maintained as a rule.

4. Organization of activities

A child may report discomfort, request a break, change position or end participation. A facilitator may stop participation if continuing could threaten safety. Arrangements for handing over and collecting a child are established before the event. If a child participates without a parent/legal representative present, the parent/legal representative should receive clear information about responsibility and handover.

5. Photos, recordings and devices

Photos or recordings of minors for promotional purposes are not made without an appropriate separate legal basis and, where required, consent. Refusal must not result in negative treatment. Facilitators do not use private devices to contact a child except for safety or emergency purposes. PracowniaJA does not provide children with its own network or devices for internet use as part of Sound Bath.

6. Suspected harm or information about harm

Any information about possible harm is taken seriously. The recipient ensures the child's safety, does not conduct an independent investigation, does not suggest answers and does not promise complete secrecy. The information is promptly passed to Milena Pawłowska or Łukasz Pawłowski.

7. Intervention procedure – basic steps

1) Ensure safety and separate the child from immediate danger where necessary. 2) If there is an immediate threat to life, health or safety, call 112. 3) Do not question beyond what is necessary for safety. 4) Do not independently confront the suspected person if this could increase risk. 5) Inform the other responsible person unless they are the subject of concern. 6) Assess whether the parent/legal representative should be contacted; if the concern involves them or contact could increase risk, do not automatically contact them before consulting appropriate services. 7) If a criminal offence is suspected, take steps to notify the Police or prosecutor's office in accordance with applicable law. 8) If guardianship-court intervention is indicated, take steps to notify the competent court. 9) PracowniaJA does not independently initiate the "Niebieskie Karty" procedure; where domestic violence is indicated, contact an authorized institution/service. 10) Complete a concise Incident Report without unnecessary medical data or opinions.

8. Documentation and storage

Incident and child-protection documentation is stored securely, in particular in paper form in a locked room at ul. Wiązowa 19A/10, 87-100 Toruń. Access is limited to authorized persons.

9. Verification of persons working with minors

Before admitting a person to activity covered by Article 21 of the relevant Polish Act, legally required checks are carried out in the appropriate registers and required criminal-record information is obtained. This is separate from the Standards and is documented separately.

10. Support for the child

If a child discloses harm, the adult provides calm reassurance that the child is not at fault, that they have been heard and that adults will act to protect them. Where needed, further assistance is indicated to the parent/legal representative or appropriate services.

11. Review and update

The Standards are reviewed at least every two years and after a significant incident, a change in activity or a relevant legal change.

12. Access to the Standards

The full Standards are available at the activity location and on the website. A simplified child-friendly version is also available at the activity location and on the website.

13. Effective date

The Standards enter into force on 01.10.2026.

Responsible persons: Milena Pawłowska _____ Łukasz Pawłowski _____